

K.I.D.S. Newsletter

Survey Questions for March/April 2016 Newsletter

Complete the test and survey questions to be entered to win a gift.
You can also fill out the test and survey online at: <https://goo.gl/IZe7BG>

1) Did you attend last year's Resource Family Appreciation Event? Yes No

2) Do you have any suggestions on how to make the event more entertaining?

3) Do you have any suggestions for recruitment of new resource families?

4) Please write a question about something you have struggled with as a care provider for our new advice column (don't worry, we won't use your name!).

5) Please share some ideas about a creative title for our new advice column. If your idea is chosen, you will win a gift.

6) Would you like to STOP delivery? Yes No

To be added to the newsletter birthday list, write your name and birthday in the comment box below.

Comment and Suggestion Box

Please print your name below. If your name is selected in the monthly newsletter drawing, you must provide the following information to be contacted.

Name: _____

Address: _____

Phone: _____ Cell: _____

Email: _____

Foster Parent Relative Caregiver or NREFM

Test Questions for March/April 2016 Newsletter

Complete the test and survey questions to be entered to win a gift.
You can also fill out the test and survey online at: <https://goo.gl/IZe7BG>.

To be eligible for the monthly drawing we must receive your test/survey by the 10th day of the following month (March's test/survey deadline is April 10th). You must complete BOTH the test and survey questions to be entered into the drawing. You can earn 0.25 Educational Licensing hours if you complete and return the test questions in the enclosed prepaid postage envelope.

Please make sure you write TK12 on the envelope next to the Worker No.

- 1) When a child is born, the doctor does not have to examine the center of the child's eye for a red reflex. T F
- 2) How often should a child who wears prescription glasses visit an eye doctor?

- 3) Describe how parents at home can test their child for signs of poor vision.

- 4) A specialized ear doctor conducts an Otoacoustic Emissions (OAE) test by inserting earphones into a newborn's ear and measuring how he or she responds to sound. T F
- 5) If caught early on, some vision and hearing problems can be corrected. T F

Test Answers from January/February 2016 Newsletter

- 1) The chance of potential side effects on a fetus exposed to antidepressant medication is small. TRUE
- 2) What is the most common medication used to treat depression?
 - Selective Serotonin Reuptake Inhibitors (SSRIs)
- 3) What are three potential short-term side effects on an infant from exposure to antidepressant medication? (List any three.)
 - Premature birth or preterm birth
 - Respiratory problems or trouble breathing right after birth
 - Heart or lung conditions, such as congenital heart defects or persistent pulmonary hypertension
 - Withdrawal symptoms, such as jitteriness and irritability
 - Feeding difficulties
- 4) Infants exposed to maternal antidepressant use always exhibit impairments to large physical motor skills, such as sitting, crawling, and walking. FALSE
- 5) It is important to talk to your child's primary care physician if you think your child shows symptoms of maternal antidepressant exposure. TRUE