

ACCESS & EMPOWERMENT

Access & Empowerment services are designed to **educate, empower, and support older adults and adults with disabilities to access needed benefits and participate in services.**

SERVICES

- Advocacy (Home Care, Housing, Long-Term Care)
- Aging and Disability Resource Centers
- Community Liaisons & Ambassadors
- *County Veterans Service Office*
- DAAS Integrated Intake & Referral Unit
- Empowerment for Seniors & Adults with Disabilities
- Health Insurance Counseling and Advocacy Program (HICAP)
- Legal Services
- LGBT Cultural Competency Trainings
- LGBT Legal & Financial Planning
- Naturalization
- Transportation

CAREGIVER SUPPORT

Caregiver Support services are designed to **support the wellbeing of family and friend caregivers and their care recipients through education, counseling, resources, and connection.**

SERVICES

- Adult Day Programs (Adult Day Care, Alzheimer's Day Care Resource Center)
- Caregiver Respite
- Family Caregiver Supportive Services Program

CASE MANAGEMENT & CARE NAVIGATION

Case Management services are designed to **facilitate service connections and support individuals with complex needs to navigate available resources and promote stability in the community.**

SERVICES

- Case Management
- Community Living Fund
- LGBT Care Navigation (including Pet Support)
- Money Management

COMMUNITY CONNECTION & ENGAGEMENT

Community Connection & Engagement services are designed to **provide opportunities for older people and adults with disabilities to socialize, build community, and participate in a meaningful way in their community.**

SERVICES

- Adult Day Health Centers
- Community Connector
- Community Service Centers (and Pilots)
- Employment Support
- Intergenerational Programs
- Peer Visitor
- Senior Companion
- SF Connected
- Technology at Home
- Village Programs

HOUSING SUPPORT

Housing Support services are designed to **support seniors and adults with disabilities to maintain stable housing through service connection and community engagement.**

SERVICES

- Housing Subsidies
- Rental Assistance Demonstration Project
- Scattered Site Housing
- Veterans Services Connect

NUTRITION & WELLNESS

Nutrition & Wellness services are designed to **promote physical health and wellbeing for older adults and adults with disabilities by providing nutritious foods and supporting healthy lifestyles.**

SERVICES

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| <ul style="list-style-type: none"> • Chronic Disease Management • Congregate Meals • Food Pantry • Home-Delivered Groceries | <ul style="list-style-type: none"> • Home-Delivered Meals • Nutrition Counseling & Education • Nutrition for Healthy Outcomes • Physical Fitness |
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SELF-CARE & SAFETY

Self-Care & Safety services are designed to **support older adults and people with disabilities to meet their needs in the most independent setting, safe from abuse and self-neglect.**

SERVICES

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| <ul style="list-style-type: none"> • <i>Adult Protective Services</i> • Alzheimer's Grant • Assisted Living Facility Support • Elder Abuse Prevention Services • Emergency Short-Term Home Care • <i>In-Home Supportive Services (IHSS)</i> • LTC Ombudsman | <ul style="list-style-type: none"> • <i>Legal & Guardianship Programs (Public Administrator, Public Conservator, Public Guardian, Representative Payee)</i> • Suicide Prevention & Emotional Support • Support at Home • Support for Hoarders & Clutterers |
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