

A health check-up for a child in foster care will include:

- ♥ Head-to-toe physical examination
- ♥ All needed immunizations
- ♥ Vision screening
- ♥ Hearing screening
- ♥ Nutrition check-up
- ♥ Health education
- ♥ Dental screening
- ♥ Growth and development check
- ♥ Needed tests as for anemia, blood lead level, STD and TB
- ♥ Referrals to specialist for needed treatment and follow-up

If the results of a check-up show a need for further care, this will be provided at no cost to you.



Call us today!

The FCS Nursing Unit in collaboration with the Child Welfare Worker (CWW) can help you:

- ♥ Find a doctor or dentist in your area who is CHDP and Medi-Cal certified
- ♥ Answer questions about the health check-up
- ♥ Provide assistance in scheduling appointments and information regarding transportation



If you need assistance, call the FCS Nursing Unit.

**(415) 558-2656 or
e-mail NOD.line@sfgov.org**

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**San Francisco
Department
of Public Health and
Human Services Agency**

**Child Health & Disability
Prevention Program (CHDP)**

**MEDICAL and
DENTAL Health
Check-Up for
Children in
Foster Care**



Children in Foster Care need good health care.

A regular health check-up is an important part of the care you give your child.

Children in foster care may have had little or no health care. They may have more health problems than other children. They may have health problems you cannot see.

A health problem found and treated at an early age is easier to correct, and may prevent serious problems later.

Eligible Children

Children in foster care, including those in relative placement, can be eligible even if they are not on Medi-Cal.



Frequent check-ups are important.

The CHDP program will pay for their check-ups. Take your child for a wellness check-up at each of the following ages:

<u>Age</u>	<u>Interval of Exams</u>
3-5 days after hospital discharge	Within 1 month
1 month	1 month
2-4 months	Every 2 months
6-15 months	Every 3 months
18-30 months	Every 6 months
3-21 years	Every year

Also, children are eligible for an exam at each change of placement.

If your child needs a check-up to participate in sports or a camp program, a CHDP health check-up may meet your needs.



Let's see that smile!

Children on Medi-Cal should receive their first dental exam no later than 12 months of age and then yearly.

Call for an appointment.

The child's own doctor is the best person to give the health check-up (must accept Medi-Cal).

Bring to the health check-up:

- ♥ Immunization (shot) record (yellow card) or other available health record
- ♥ A list of your questions and concerns.
- ♥ Form 1132-C and prepaid envelope.

