



SAN FRANCISCO HUMAN SERVICES AGENCY  
**Department of Disability  
and Aging Services**

# Area Plan Update FY 2023-24

Presentation to the DAS Commission

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April 5, 2023



# Agenda

- Overview of the Area Plan Update
- Sections Highlights
  - Population Estimates
  - Anticipated Service Levels (aka “Service Unit Plan Objectives”)
  - Narrative Goals & Objectives
- Next Steps



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# Overview of the Area Plan Update

Purpose and Intent



# Purpose of the Area Plan

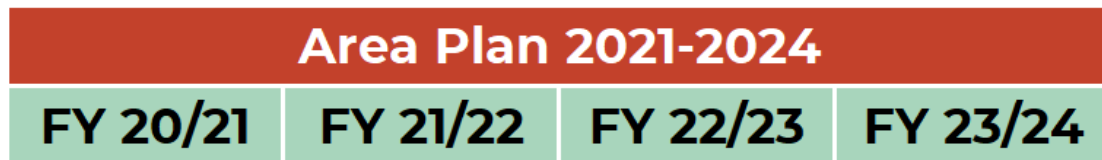
- Older Americans Act requirement
- All Area Agencies on Aging must submit a 4-Year Area Plan to the California Department of Aging
- Purpose of plan:
  - Assess demographic trends and population needs
  - Outline Area Agency on Aging plans to use Older Americans Act funding to support seniors with greatest economic and social needs
  - To support coordinated system of supportive services
- Area Plan Update developed annually in interim years

# Primary DAS Planning Processes

	SFHSA Strategic Plan	Dignity Fund Planning Cycle	Area Plan
<b>Purpose</b>	Establish Agency-wide goals and strategies to advance SFHSA's mission	Assess community needs and outlines funding plan for Dignity Fund-eligible community-based services (approx. \$96.1M)	Assess community needs and outline funding plan for community-based services funded by Older Americans Act revenue (approx. \$8.4M)
<b>Required by</b>	Mayor, SFHSA Leadership	Dignity Fund Oversight and Advisory Committee	CA Department of Aging
<b>Timeline</b>	FY 2022-23 to FY 2026-27 <ul style="list-style-type: none"> <li>DAS Annual Reports</li> </ul>	FY 2021-22 & FY 2022-23 <ul style="list-style-type: none"> <li>2022 Community Needs Assessment</li> <li>2023 Services and Allocation Plan</li> </ul>	FY 2021-22 to FY 2023-24 <ul style="list-style-type: none"> <li>Annual updates</li> </ul>



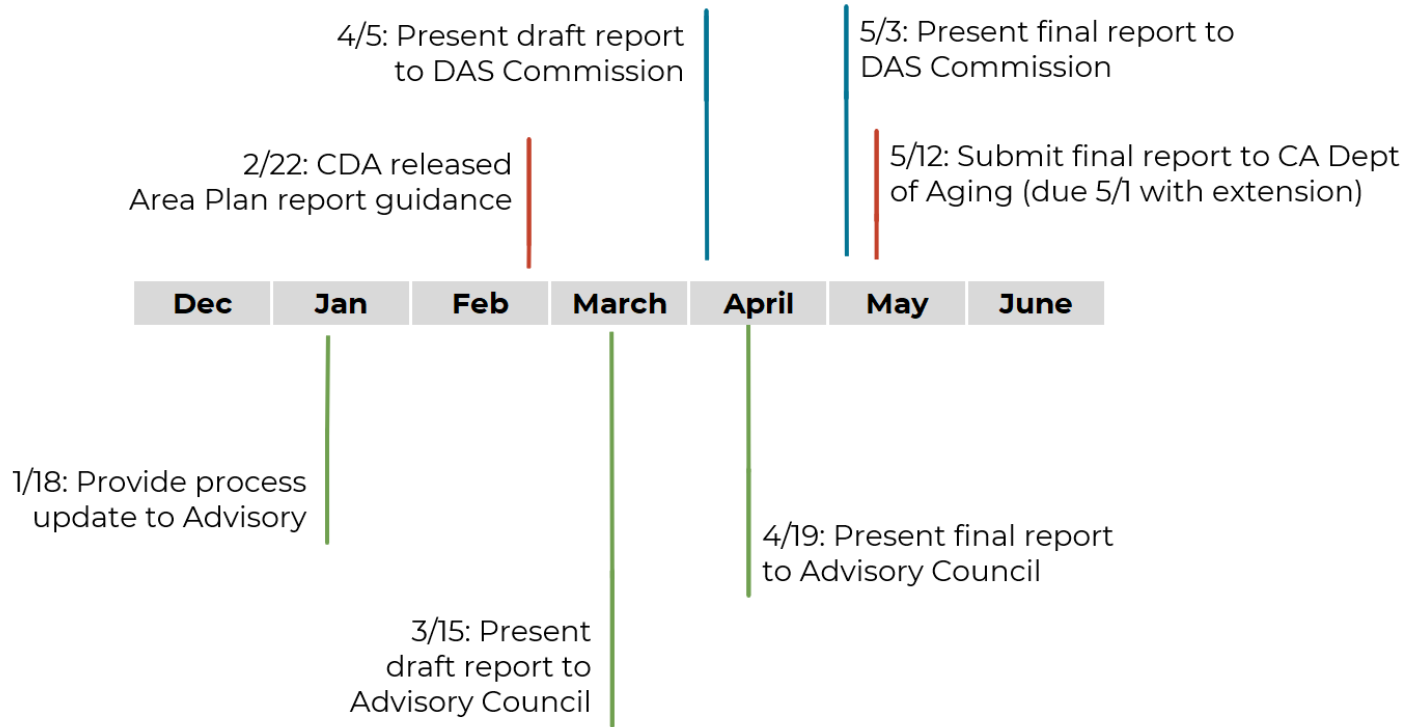
# Area Plan Update FY 2023-24



**Area Plan Update 2023-2024**  
due May 1, 2023



# Timeline





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# Section Highlights

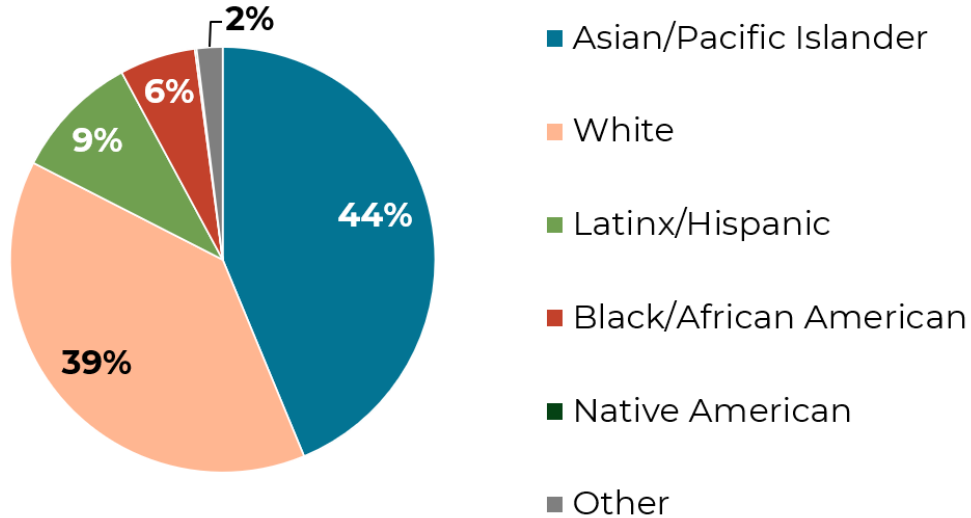
Area Plan Update FY 2023-24



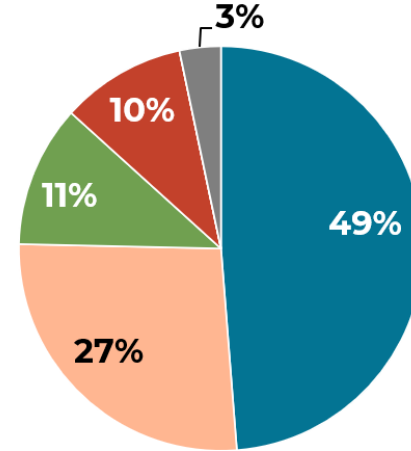


# Population Estimates

**Chart A. San Francisco Seniors (Age 60+)**  
Total = 187,679



**Chart B. San Francisco Seniors (Age 60+) in Poverty**  
Total = 23,870



Source: American Community Survey 2020 5-Year Estimates. Accessed through University of Minnesota IPUMS-USA datasets.

# Anticipated Service Levels

## (Service Unit Plan Objectives)

### ↑ Increase

- Personal Care, Homemaker, Chore
- Home Delivered Meals
- Congregate Meals
- Nutrition Education

### ↓ Decrease

- Nutrition Counseling
- Legal Assistance
- Health Promotion

### ↑ ↓ Mixed

- Long-Term Care Ombudsman
- Family Caregiver Support Program

### ○ No change

- Transportation
- Information and Assistance
- Elder Abuse Prevention



# Narrative Goals & Objectives

<b>GOAL 1</b>	Maintain a robust network of community-based services for older people and adults with disabilities
<b>GOAL 2</b>	Protect older people and adults with disabilities from abuse, neglect, and financial exploitation
<b>GOAL 3</b>	Provide and support consumer-centered programming to best address client needs
<b>GOAL 4</b>	Expand planning and evaluation efforts to ensure best use of resources and maximize client outcomes
<b>GOAL 5</b>	Support and develop an engaged professional workforce that is prepared to work with older people and adults with disabilities



# GOAL

## 1

Maintain a robust network of community-based services for older people and adults with disabilities

### **Objective B. Support intergenerational activities.**

- DAS Intergenerational Program pilots have demonstrated tremendous success and impact in our community ([video link](#))
- Services include technology classes and tutoring, activities focused on cultural exchange, and tailored activities for people with visual impairment
- As pilot grants end, we will begin a new procurement process to ensure continuity of intergenerational service programming



## GOAL

### 2

Protect older people and adults with disabilities from abuse, neglect, and financial exploitation

#### **Objective C. Develop strategies to prevent eviction and homelessness.**

- APS Home Safe is a state-funded pilot program serving individuals at imminent risk of homelessness or experiencing homelessness due to abuse, neglect, and/or self-neglect
- The pilot was slated to end in FY 2020-21, but has been extended through FY 2023-25 with an additional \$3.4 M in state funding this year
- APS worked closely with the Department of Homeless and Supportive Housing and Department of Public Health to launch a new service model last year focused on assisting high needs clients living in shelters move into nursing-supported Permanent Supportive Housing



## GOAL

### 3

Provide and support consumer-centered programming to best address client needs

#### **Objective B. Ensure programs are culturally appropriate for the city's diverse low-income older people and adults with disabilities.**

- Our programs for transgender and gender non-conforming (TGNC) clients demonstrate impact. As pilot grants end, DAS will begin a new procurement process to ensure continuity of TGNC programming
- DAS has begun the procurement process to select a vendor to develop and implement a Disability Community Cultural Center
  - Two disability community listening sessions in Jan-Feb 2023
  - RFP release in March 2023



## GOAL 4

Expand planning and evaluation efforts to ensure best use of resources and maximize client outcomes

### **Objective A. Develop information to support data-informed decision-making.**

- DAS completed the Dignity Fund Community Needs Assessment in 2022
  - Extensive community research and engagement (e.g., surveys, in-person and virtual forums, focus groups, interviews)
  - Quantitative equity analysis of population and program data
- We subsequently prepared the Dignity Fund Services and Allocation Plan for the FY 2023-24 to FY 2026-27 funding cycle – publication in March 2023!



## GOAL 5

Support and develop an engaged professional workforce that is prepared to work with older people and adults with disabilities

### **Objective A. Support professional education and training.**

- The DAS Benefits and Resource Hub has developed more user-friendly resource presentations to support community outreach and education
  - Monthly virtual trainings for DAS staff and community service providers
  - Additional presentations to consumers and DAS partners upon request
- DAS Training also offers additional trainings in partnership with the UCSF Geriatric Workforce Enhancement Program. Topics include:
  - Dementia, Substance Use in Older Adults, Ageism, Lessons Learned from COVID-19, Care Provider Burnout Prevention, etc.





# Discussion

