

LONG TERM CARE COORDINATING COUNCIL (LTCCC)

San Francisco's Long Term Care Coordinating Council (LTCCC) advises the Mayor and City on policy, planning, and service delivery issues for older adults and people with disabilities to promote an integrated and accessible long-term care system.

Long Term Care System refers to the continuum of home, community-based, and needs of people with limitations

DATE: WEDNESDAY, JANUARY 11TH 2023

MINUTES

Members Present: Ramona Davies, Lana Neives, Christine Roppo, Laura Liesem, Jennifer Walsh, Kelly Dearman, Rachel Main, Eileen Kunz, Susie Smith, Elizabeth Hewson, Debby Kaplan, Vince Crisostomo, Bernadette Navarro-Simeon, Jennie Hua

Absent: Irin Blanco, Mark Burns

Staff: Valerie Coleman

Guests: Kate Hoepke, Cindy Kauffman, Jenna Shankman, Adithi Vallore, Casey Shutte, Isabel Clayter

WELCOME & ROLL CALL

MEETING PURPOSE: Increase LTCCC member's understanding of the landscape at it pertains to the following two impact areas

- Continuum of Care + Improving coordination of services & supports + Supportive Services
- Social Isolation/Connectedness

PRESENTATIONS:

- **Behavioral Health Workgroup:** Susie provided a PowerPoint presentation (included with minutes) overview of previous workgroup focus, impact and possible next steps. Key take-away – one aspect that made this project particularly successful was that the scope was narrow, they focused specifically on skilled nursing facilities.
- **Social Isolation & Loneliness:** Ramona highlighted that this is an ongoing “nagging” focus area that DAS and the LTCCC have focused on social isolation and loneliness. Ramona discussed Kasley Killiam's research and new paradigm¹, including: 3 pillars of health, physical, mental and social health, that are critical and contribute to well-being. Ramona gave a brief overview of the article (see footnote), and emphasized that there are a number of elements or principals within this article

¹ <https://generations.asaging.org/improving-social-health-community-resilience>

and approach that resonate with the LTCCC. Group discussion included comment about recognition that marginalized populations (LGBTQ, BIPOC, ESL, etc.) may have different needs, outreach, challenges, etc. when trying to implement projects that are broadly focused.

Next Steps: Ramona will reach out to Kasley about presenting at the LTCCC, likely in March or April and identify what kind of projects could implement her perspective/vision.

Valerie gave an overview of the Social Isolation workgroup, including initial process, findings, discoveries, and then resulting pilot. Was interest in articles or examples of social navigators models, Valerie will find and share with interested participants.

- **OakDays/Cardea Health model:** Elizabeth gave an overview of Cardea (nonprofit health organization created specifically to support houseless and formerly houseless individuals) and their OakDays model. Essentially partnered with Alameda County health in transforming a former hotel into a shelter site, that will ultimately become a permanent supportive housing site, while bringing in additional services and supports for those who are medically fragile or on hospice. SF Department of Housing and Supportive Housing goal is to create a similar pilot to OakDays and is submitting funding requests and identify a site.
- **Online Resource Directory (Unite Us)** Moved to the February meeting.

PUBLIC COMMENTS

3:50pm

ADJOURN

4:00pm

NEXT MEETING: February 8th, 2023

ACCESSIBLE MEETING POLICY

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To inspect documents referred to on agenda, please contact: Valerie Coleman, Department of Disability and Aging Services, 1650 Mission Street, 5th Floor, San Francisco, CA 94103, Office: (415) 355-6782, Fax: (415) 355-6785, E-mail: valerie.j.coleman@sfgov.org.

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